

East Longmeadow Public Schools Daily Symptom Checklist revised 1/11/2022

East Longmeadow Public Schools requires all staff members and students to undergo a daily symptom check at home prior to coming to school.

Should I stay home or keep my child home?		
1.) Have you (staff member) or your child (student) had a fever of 100.0 degrees F or higher, in the past 24 hours? Note: 100.0° F is the same as 37.8° C.	Yes	No
2.) Are any of the following symptoms present? <ul style="list-style-type: none">• Fever (100.0 fahrenheit or higher),chills or shaking chills• Cough (not due to other known cause, such as chronic cough)• Shortness of breath or difficulty breathing• Chills• Muscle or body aches• New loss of taste or smell• Fatigue (when in combination with other symptoms)• Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms• Sore throat, when in combination with other symptoms• Headache, when in combination with other symptoms• Nausea/vomiting/diarrhea, when in combination with other symptoms	Yes	No
3.) Have you or your child had close contact with an individual diagnosed with COVID-19 in the past 14 days?	Yes	No
4.) Have you or your child been asked to self-isolate or quarantine by your doctor or a local public health official?	Yes	No

- If you are a staff member or a student, and you answered **YES** to any of the questions, please stay home and contact your healthcare provider for further guidance. Please also communicate with the school nurse with the reason for the absence.
- **If a household member is symptomatic, the asymptomatic staff member or student may come to school but should isolate from this individual and wear a mask until the household member has been cleared by their physician or receives a negative PCR test or negative molecular rapid or antigen test. Parents may wish to keep their asymptomatic children home until test results come back based on their household scenarios. Please send a copy of the results to the school nurse before your child returns to school.**
- If a staff member or a student **has been fully vaccinated and has no symptoms**, he/she may come to school, even if a household member tests positive. However, the vaccinated individual should get tested on Day 5 but may come to school fully masked if he/she experiences no symptoms.
- If a staff member or a student has been fully vaccinated but presents with symptoms, he/she must get a PCR , molecular rapid test or antigen test immediately and stay home while waiting for results.
- If a student or staff member has had a confirmed positive covid test, he/she is not considered a close contact for 90 days, unless he/she presents with symptoms.